I have travelers' diarrhea
(≥ 3 liquid stools per 24h)

How do I feel?

I go to the bathroom often

BUT

I can still do my planned activities

I keep myself hydrated with an
oral rehydration solution (ex : Gastrolyte®)

I may take...

Bismuth subsalicylate (Pepto-Bismol®)
for 48h maximum (≥age 2)

OR

Loperamide (Imodium®)
for 48h maximum (≥age 12)

The diarrhea prevents me from doing certain activities

BUT

I do not feel sick

I keep myself hydrated with an
oral rehydration solution (ex : Gastrolyte®)

AND

I take Loperamide (Imodium®)
for 48h maximum (≥age 12)

I see a doctor URGENTLY
if I have FEVER during of after a trip
to a country with MALARIA !

I cannot do ANY activities

OR

I feel SICK (fever, stomach pain,
severe nausea or vomitting, etc.)

OR

There is BLOOD mixed in my stools

I keep myself hydrated with an
oral rehydration solution (ex : Gastrolyte®)

AND

I take an antibiotic for 1 to 3 days,
until I feel better

☐ Ciprofloxacin (Cipro®)

OR

☐ Azithromycin (Zithromax®)

Treatment should be continued for 3 days
if there is blood mixed in the stools

AND

I take loperamide (Imodium®) as needed,
for 48h maximum (≥age 12)