

The role of the UK National Screening Committee in the development and implementation of newborn genetic screening programmes

David Elliman

Newborn Genetic Screening – What do we mean?

- Analysing DNA for clinically significant mutations
- May be prime method of screening or part of diagnostic process
- NB – much of newborn screening has a 'genetic' element even though testing the phenotype – PKU and, in part, Congenital Hypothyroidism ...

Newborn Genetic Screening – Why is it different?

- Not testing phenotype, so less predictable
- Will pick up carriers
- May throw up non-paternity
- Could disclose conditions for which no management available

Relevant UK Government Advisory Committees

- National Screening Committee
 - Advises the Ministers of Health on whether a screening programme should be started, continued (perhaps with modifications) or stopped.

National Screening Committee

- Previously drift, lack of control, variable quality assurance and audit, and lack of equity ('postcode screening')
- NSC set up in 1996
- Wide representation, including 'patients' and members from all 4 nations
- Child Health and Antenatal Subgroups set up in 1998
- Fetal, Maternal and Child Health Group brought together in 2004

Relevant UK Government Advisory Committees

- National Screening Committee
 - Advises the Ministers of Health on whether a screening programme should be started, continued (perhaps with modifications) or stopped.
- Human Genetics Commission
 - Advises on the ethical, legal, social and economic aspects of developments in human genetics as well as their effects on health and healthcare.

Approval of Screening Programmes - 1

- Raised as an issue
- Is there a possible case for screening?

Approval of Screening Programmes: the Criteria

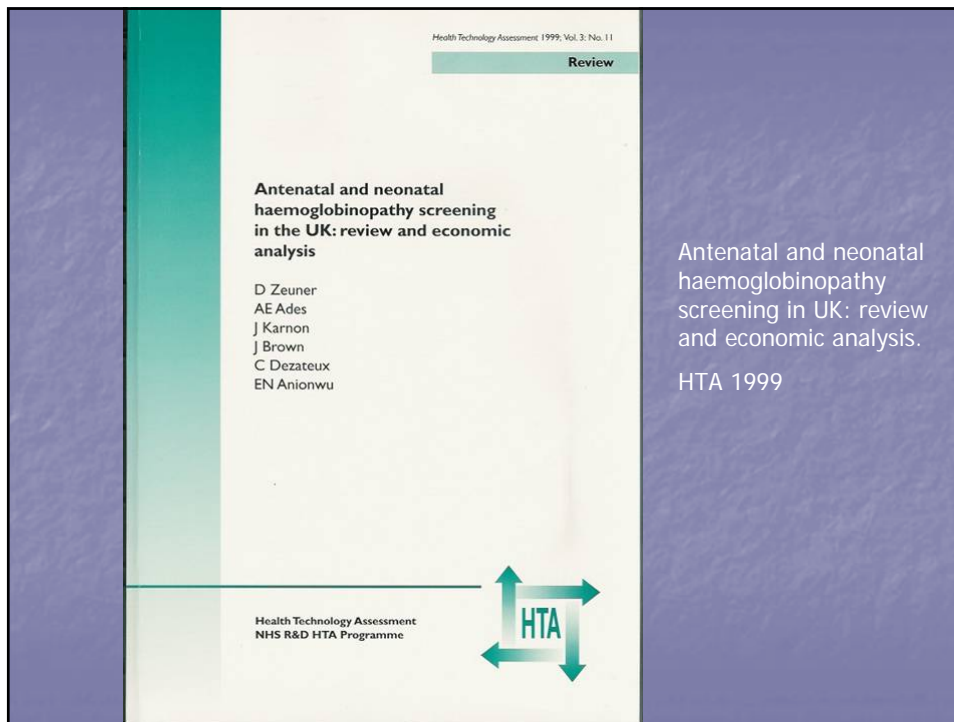
- The condition
- The test
- The treatment/management
- The programme

Additional criteria for *genetic* screening programmes

- If the carriers of a mutation are identified as a result of screening, the natural history of people with this status should be understood, including the psychological implications.
- If the test is for mutations, the criteria used to select the subset of mutations to be covered by screening, if all possible mutations are not being tested, should be clearly set out.
- If screening is for a mutation, the programme should be acceptable to people identified as carriers and to other family members.

Approval of Screening Programmes -2

- Raised as an issue
- Is there a possible case for screening?
- All the available data are gathered, ideally including a systematic review which may be commissioned especially for the purpose by HTA.



Antenatal and neonatal haemoglobinopathy screening in UK: review and economic analysis.

HTA 1999

Approval of Screening Programmes - 3

- Raised as an issue
- Is there a possible case for screening?
- All the available data are gathered, ideally including a systematic review - may be commissioned especially for the purpose by HTA.
- **Specially convened meeting(s) to discuss evidence**

Composition of meeting to consider a screening programme

Groups represented:

- Clinicians involved in treatment
- Clinicians involved in the screening test
- Public health/commissioners
- Epidemiology
- Health economics
- Lay groups
- Four Departments of Health

Approval of Screening Programmes - 4

- Raised as an issue
- Is there a possible case for screening?
- All the available data are gathered, ideally including a systematic review - may be commissioned especially for the purpose by HTA.
- Specially convened meeting to discuss evidence
- CHSG, now FMCHG, considers the evidence and the practicalities
- NSC recommends to Minister
- Minister makes a decision

Development and Implementation of Screening Programmes

- Detailed review of the resources needed, including diagnostic and treatment facilities.
- Provision of funding
- Decision re timing of introduction – ‘big bang’ v gradual roll-out or pilots
- Provision of materials for
 - Professionals
 - Parents

UK Newborn Screening Programme Centre

Newborn blood spot screening in the UK

- Policies and standards
- Implementation and reporting guidance
- Health professional handbook
- Information for parents
- Training resources

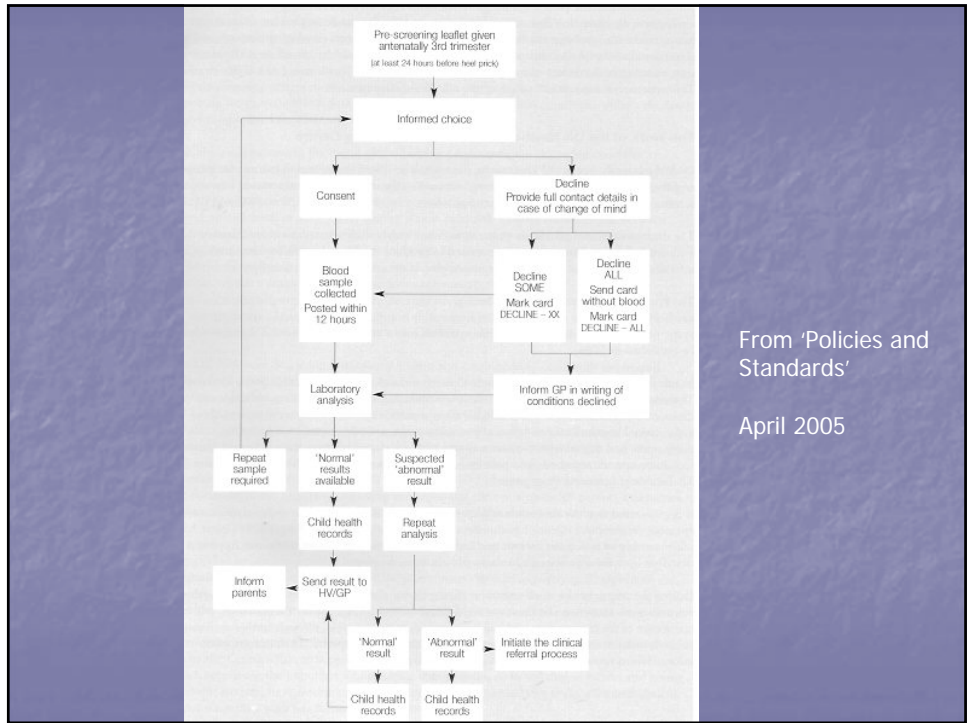
Resource Pack for Healthcare Professionals involved in Newborn Blood Spot Screening

April 2005

Quality through partnership in newborn blood spot screening

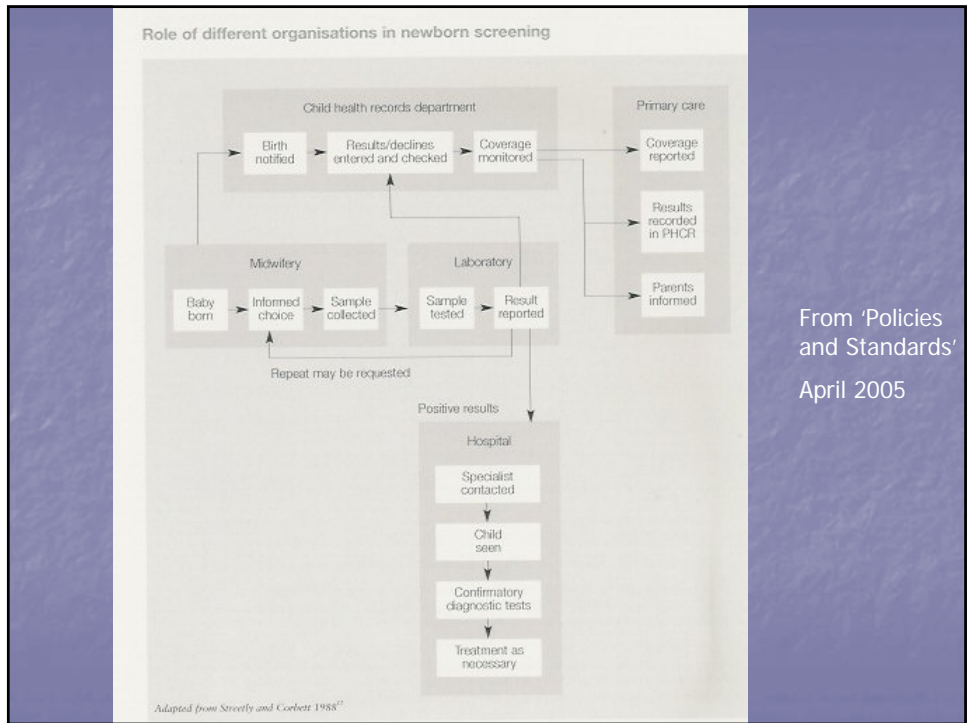
A partnership between Great Ormond Street Hospital for Children NHS Trust, The Institute of Child Health, and The Institute of Education.
Funded by the Department of Health on behalf of the UK.

<http://www.newbornscreening-bloodspot.org.uk/>



From 'Policies and Standards'

April 2005



From 'Policies and Standards'

April 2005

Screening leaflets for parents - 1

Newborn Blood Spot Screening for Your Baby

In the first week after birth, you will be offered a blood spot screening test for your baby.



Why should I have my baby screened?

Newborn blood spot screening identifies babies who may have rare but serious conditions. Most babies screened will not have any of the conditions but, for the small numbers who do, the benefits of screening are enormous. Early treatment can improve their health and prevent severe disability or even death.

"New born blood spot screening for your baby"
Also available in: French, Portugese, Somali, Turkish, Bengali, Arabic, Urdu, Greek, Gujarati and Romoanian.

Screening leaflets for parents - 2

Results of Newborn Blood Spot Screening

Phenylketonuria is suspected



Children with PKU enjoying life

What is my baby's screening result?
When your baby was about a week old, your midwife took some blood from your baby's heel. The blood was used to test for some rare conditions, including phenylketonuria (PKU).
The screening test result suggests that your baby may have phenylketonuria (fee-nile-kay-tome-you-nee-ah), or a related condition, although this result will need to be confirmed through further blood tests.
PKU is not a life-threatening condition, and if medical advice is followed, your baby will grow and develop normally.
This leaflet gives some information about PKU and what happens next.

Results of Newborn Blood Spot Screening

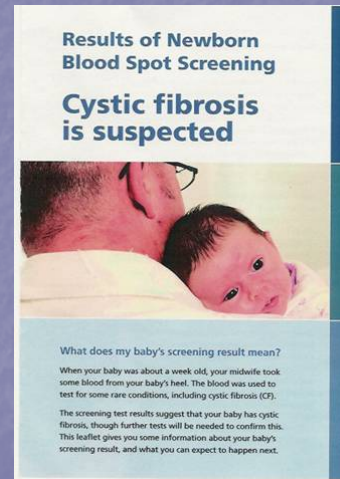
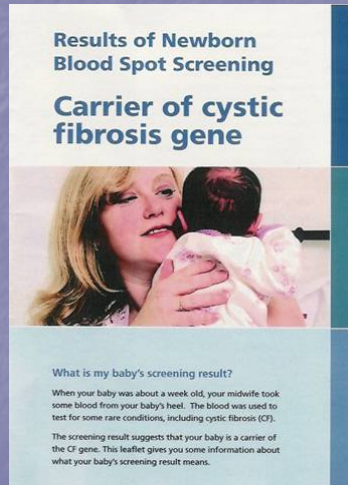
Congenital hypothyroidism is suspected



3-year old girl with CHT

What is my baby's screening result?
When your baby was about a week old, your midwife took some blood from your baby's heel. The blood was used to test for some rare conditions, including congenital hypothyroidism (CHT).
The screening test result suggests that your baby may have CHT, although this result will need to be confirmed by further tests, including another blood test. CHT is not a life-threatening condition. It can be treated easily and effectively.
This leaflet gives you some information about CHT and what happens next.

Screening leaflets for parents - 3

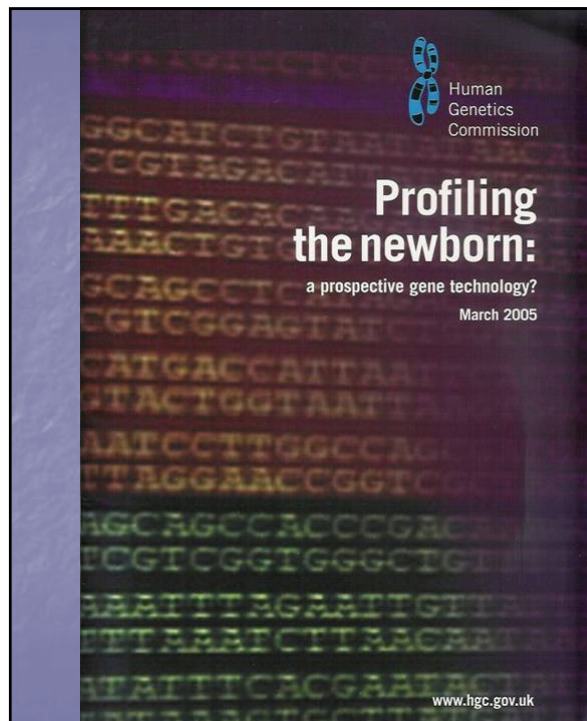


Neonatal Blood Spot Screening – Process Standards

- Timely sample collection
- Timely sample despatch
- Completeness of coverage
- Enhanced tracking abilities
- Timely identification of babies for whom the laboratory has not received a decline notification or a blood sample
- Timely processing of positive screening samples

Neonatal Blood Spot Screening – Other Policies/Guidance

- Consent and communication
- Blood sampling guidelines
- Initial clinical referral standards
- Code of practice for the retention and storage of residual spots



Human
Genetics
Commission

**Profiling
the newborn:**
a prospective gene technology?
March 2005

www.hgc.gov.uk

Profiling the newborn: a prospective gene technology?

A report from a Joint Working Group of the Human Genetics Commission and the UK National Screening Committee

March 2005

